



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Baked Cod Stuffed Peppers	2 Potato Pollock Hot Beef Sandwich	3 Meatloaf Marcella Chicken	4 Baked Pork Chop Taco	5 Cornbread Chili Casserole Chicken Parmesan	6 Chicken Ham Cordon Bleu Casserole Chef Salad	7 Baked Chicken Breast Pepper Steak
Tuna Salad on Lettuce	Grilled Ham & Cheese on Rye	Chicken Salad on Croissant	Grilled Cheese & Tomato Soup	Turkey Burger on Bun	Sausage w/Macaroni & Cheese	Pizza Casserole
8 Turkey Divan Swedish Meatballs	9 Parmesan Baked Tilapia Loaded Baked Potato Hamburger on Bun	10 Baked Ham Crispy Chicken Bologna Pickle Sandwich	11 Smothered Chicken Breast Ham Loaf Goulash	12 Loaded Waffle Fries Salisbury Steak Taco Bake	13 Beef Pot Pie Chicken Tenders Spaghetti w/Garlic Bread	14 Pork & Potato Bake Fish Sandwich Ham & Honey Biscuit
15 Pulled BBQ Pork Chicken Legs Pepperoni Twist	16 Chicken Tetrizzini Brats on Pita w/Sauerkraut Beefy French Onion Casserole	17 Swiss Steak Pork Stir Fry Calzones	18 Cauliflower Pizza Italian Chicken Shepherd's Pie	19 Ham & Beans w/Cornbread Manicotti Chicken Tenders w/ Onion Rings	20 Cabbage Rolls Chicken N' Dumplings Meatball Sub	21 Tilapia Almandine Hamburger Hash brown Casserole Fish Nuggets w/ French Fries
22 Ravioli w/Garlic Bread Baked Pork Loin Creamed Beef over Toast	23 Pork Fritter Roasted Turkey Smoked Sausage w/Macaroni & Cheese	24 Teriyaki Chicken Boiled Dinner Reuben Casserole	25 Hollow Potato w/Sausage Fish Sandwich Cheesy Tuna Bake	26 Potato Bar Beef Burrito Cheeseburger Deluxe	27 Chili Pizza Beef & Biscuit Casserole	28 Chicken Alfredo Country Fried Steak Salmon Patties
29 Hamburger Potato Casserole Sweet & Sour Pork Beef Stew	30 Smoked Sausage Potato Pollock Chicken Parmesan	31 Halloween Buffet Biscuits & Gravy				

Diabetic Diet Available Upon Request
Evening Meal Highlighted