

# DECEMBER

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|--|--|---|---|---|---|--|
| 2 Honey Mustard Chicken<br>Pizza Casserole<br>Meatball Sub                   | 3 Patty Melt<br>Pork Roast<br>Hot Meatloaf Sandwich                    | 4 Ham & Beans w/Cornbread<br>Goulash<br>Chicken Noodle Casserole  | 5 Ham & Scalloped Potatoes<br>BBQ Chicken<br>Tomato Soup w/Grilled Cheese               | 6 Meatloaf<br>Liver & Onions<br>Tuna Melt                             | 7 Parmesan Baked Tilapia<br>Baked Ham<br>Meatball Slider                      | 8 Pork Cutlet<br>Ravioli w/Garlic Bread<br>Hamburger Deluxe w/French Fries |
| 9 Chicken & Noodles<br>BBQ Ribs<br>Fish Nuggets w/French Fries               | 10 Sliced Turkey<br>Chef Salad<br>Swedish Meatballs w/Buttered Pasta   | 11 Cheeseburger w/Sautéed Onions<br>Chicken Patty<br>Pasta Bake w/Garlic Bread  | 12 Beef Stew w/Biscuit<br>Chicken Teriyaki<br>Ham & Cheese on Onion Bun                 | 13 Potato Pollock<br>Reuben Sandwich<br>Tacos                         | 14 Poppy Seed Chicken<br>Alfredo Pasta Bake<br>White Chicken Chili w/Crackers | 15 Country Fried Steak<br>Roman Casserole<br>French Toast w/Sausage Patty  |
| 16 Cheesy Chicken & Rice<br>Meatballs<br>Chicken Strips w/Sweet Potato Fries | 17 Chicken on a Stick<br>Beef Stroganoff<br>Turkey Burger w/Tater Tots | 18 Philly Steak Sandwich<br>Smoked Sausage & Sauerkraut<br>Sliced Ham w/Mashed Potatoes, Gravy, & Corn  | 19 Tilapia Almandine<br>Pork & Potato Bake<br>Salisbury Steak w/Mashed Potatoes & Beets | 20 Smothered Chicken<br>Salmon Fillet<br>Beefy French Onion Casserole | 21 Hot Beef Sandwich<br>Tater Tot Casserole<br>Turkey Sandwich w/Pasta Salad  | 22 Cheddar Bacon<br>Chicken<br>Hamburger Potato Casserole<br>Calzone       |
| 23 Pulled Pork Sandwich<br>Chicken Cordon Bleu<br>Saucy Roast Beef Slider    | 24 Lasagna w/Garlic Bread<br>Pork Chop<br>Dried Beef Casserole         | 25 Merry Christmas from The Dietary Staff!!!<br><br>Olive Burger | 26 Swiss Steak<br>Garlic Butter Shrimp<br>Cottage Cheese Fruit Plate                    | 27 French Dip<br>Stuffed Peppers<br>Messy Ham Bun                     | 28 Chicken & Noodles<br>Meatlover's Sub<br>Spaghetti w/Garlic Bread           | 29 Salmon Patty<br>Salisbury Steak<br>Shepherd's Pie                       |
| 30 Chili Dog<br>Cod<br>Chipped Beef over Toast                               | 31 All Day Appetizer Bar<br>Beef N' Swiss w/Potato Soup                |   |   |   |   |  |

\*\*\*Special Diets Available Upon Request  
\*\*Evening Meal Highlighted in Yellow